

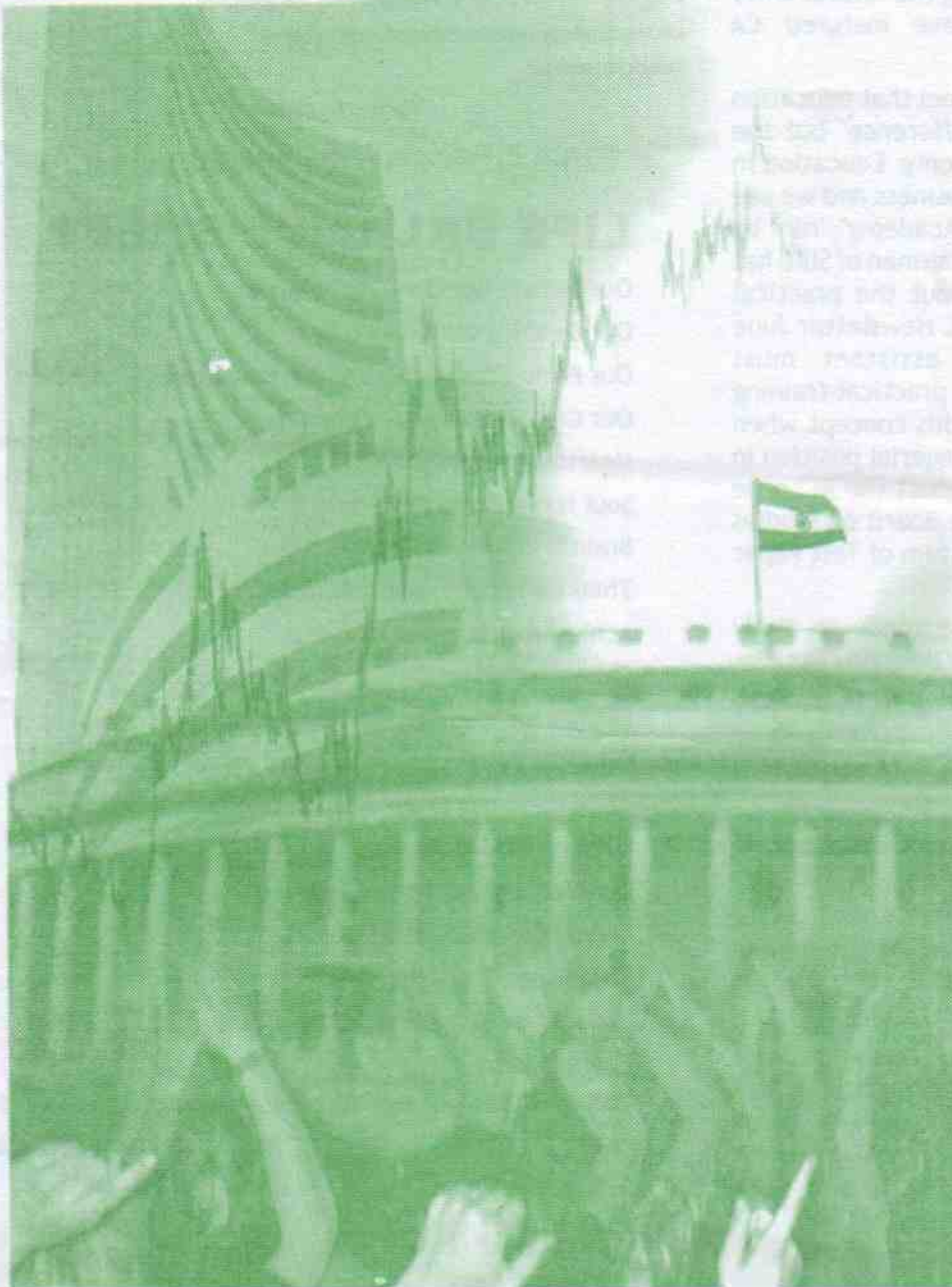
The Institute of Chartered Accountants of India
(Set up by an Act of parliament)



TUTICORIN BRANCH OF SIRC NEWS LETTER

June, 2009

CELEBRATING
60th Year of
Excellence



CA. UTTAM PRAKASH AGARWAL
President, ICAI

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K. Xavieraj
Vice - Chairman

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Voice of Love

Namaskar

CA fraternity is a fraternity with love and affection. The system of education and training programme made them steady in their professional competence. We have been changing the syllabus and entry level frequently that can be seen in the last 10 years. The focus on CA education is to make CAs, matured citizens. Now-a-days entry for other courses is on the high side and tendency among students to take "CA" is a hard drive on the risky terrain. Our Council must think about reintroducing the lateral entry for B.Com graduates to have matured CA students for articleship.

While studying, one must not feel that education will make him a "world of difference" but the focus should be on education only. Education in CA curriculum has become a business and we see a lot of "Growth oriented Academy" run by Chartered Accountants. Our Chairman of SIRC has rightly voiced his concern about the practical training importance in the SIRC Newsletter June 09 issue. Every articled assistant must understand the importance of practical training and the students will realise this concept when they will be placed in the managerial position in future. Our Institute must conduct the in house classes for CA students as the Board of Studies have now discontinued the System of Test Paper submission.

CA articled assistants must be made to study amidst their busy schedule with their CAFirm.

How can they be made to study? "The average attention span of most human beings is only 45 to 50 minutes. The human mind needs distraction to stay attracted".

Every student must study for a maximum period of 50 minutes and gift themselves a 10 minutes distraction.

Your distracted 10 minutes can be also made useful like,

Maintain a notebook in which you write down all the key points as you keep studying and it will immensely help you before examination. It will be enough if you can just revise the key points from the notebook.

Your voice, vision can be seen in the notebook

and your affection towards the notebook will make you love the notebook. When you love the notebook, your love will grow and when you see the result, you can raise your voice of success. It is the real voice of Love.



"சிலந்தி நூலை நெய்ய முடியாது

கானல் நீரை பருக முடியாது

வெறும் கனவு காண்பதால் சரித்தரம் படைக்க முடியாது

விடாமுயற்சியும் தன்னம்பிக்கையும் இருந்தால்

வெற்றி உனக்கே"

Yours lovingly,

CA B.Francis Amal George, Chairman

LIFE BALANCE SHEET

Our Birth is our Opening Balance!

Our Death is our Closing Balance!

Our Prejudiced Views are our Liabilities

Our Creative Ideas are our Assets

Heart is our Current Asset

Soul is our Fixed Asset

Brain is our Fixed Deposit

Thinking is our Current Account

Achievements are our Capital

Character & Morals, our Stock-in-Trade

Friends are our General Reserves

Values & Behaviour are our Goodwill

Patience is our Interest Earned

Love is our Dividend

Children are our Bonus Issues

Education is Brands / Patents

Knowledge is our Investment

Experience is our Premium Account

The Aim is to Tally the Balance Sheet Accurately.

The Goal is to get the Best Presented Accounts Award.

Mr. A. Antony Joshua
CA Student

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"GO GREEN and SAVE GREEN"

CA S.R. Sivakumar

Introduction

The present climatic condition and threat to the global environment is in the news. Everybody wants to make the entire world "Going Green". Everybody wants to take action. But the sustainability prevailing in our life style makes us to do the same thing. Our institute have also partnered with the nation to make the global environment to "Go Green and Save Green".

There are 10 simple things you can do today to reduce your environmental impact, save money, and live a happier healthier life.

- 1. Save energy to save money.**
 - ◆ Install compact fluorescent light bulbs (CFLs) to save energy.
 - ◆ Unplug appliances when you are not using them
- 2. Save water to save money**
 - ◆ Take shorter showers to reduce water use.
 - ◆ Install a low-flow showerhead.
 - ◆ Plant drought-tolerant native plants in your garden. Many plants need minimal watering. Find out which occur naturally in your area.
- 3. Less gas more money (and better health)**
 - ◆ Go to your work by walk. This saves gas and other resources like petrol while improving your cardiovascular health and reducing your risk of obesity.
 - ◆ Live closer to your work place. Even if this means paying more rent, it could have your money in the long term.
 - ◆ Lobby your local government to increase spending on side walks and bike lanes with little cost. These improvements can pay huge dividends in bettering your health and reducing traffic.
- 4. Eat smart**
 - ◆ If you eat meat, add one meatless meal a week. Meat costs a lot at the store and it's even more expensive when you consider the related environmental and health costs.
 - ◆ Buy locally raised humane and organic meat, eggs and dairy whenever you can.
- 5. Skip the bottled water.**
 - ◆ Use a water filter to purify tap water instead of buying bottled water. not only is bottled water expensive, but it generates large amounts of container waste
 - ◆ Bring reusable water bottle, preferably aluminium rather than plastic, when travelling or at work.
- 6. Think before you buy.**
 - ◆ When making purchases, make sure you know what "Good Stuff" is and what isn't.
- 7. Borrow instead of buying.**

Borrow from libraries instead of buying personal books and movies. This saves money, not to mention the ink and paper that goes into printing new books.

 - ◆ Share power tools and appliances if possible.
- 8. Buy smart**
 - ◆ Buy in bulk. Purchasing food from bulk bins can save money and packaging.
 - ◆ Wear clothes that don't need to be dry cleaned. This saves money and cuts down on toxic chemical use.
 - ◆ Invest in high quality, long lasting products. You might pay more now, but you'll be happy when you don't have to replace items as frequently.
- 9. Keep electronics out of trash.**
 - ◆ Keep your cell phones computers and other electronics as long as possible.
 - ◆ Donate and recycle them responsibly when the time comes. E-waste contains mercury and other toxics and is a growing environmental Problem.
 - ◆ Ask your local authorities to set up an electronics recycling and hazardous waste collection event.
- 10. Make own cleaning supplies.**

The big secret; you can make very effective, non toxic cleaning products whenever you need them. All you need are few simple ingredients like baking soda, vinegar, lemon and soap.

Making your own cleaning products saves money, time and packing.

DAY TO DAY REMEDIES ACNE

Acne is very commonly seen in many teenagers. Most of us manage this problem at a very superficial level with some local applications, whereas sometimes the problem has roots much deeper in the skin. Sometimes acne is a symptom of some systemic problem. The cause of acne differs from person to person and is related to the general constitution of every individual. Those who have improper diet, tendency for constipation, indigestion, consume sweet, spicy and oily food, are obese, are more prone to acne. Dandruff is also a contributing cause to acne. In women this can also be related to some problems in their monthly cycles.

In order to avoid acne,

1. Eat warm, fresh food. Avoid cold, spicy, oily, deep-fried food.
2. Food should be eaten at regular intervals only after the earlier food is digested.
3. Vegetables and fruits should be consumed in order to facilitate good bowel movements. Fruits help in maintaining a healthy skin.
4. Face should be washed at least thrice a day.
5. Exercise is a must

FACE PACK

1. A paste of Bengal gram (Besan) with a little turmeric in milk or curd when applied on the face helps reduce acne.
2. A paste of red sandalwood powder with nutmeg powder too helps reduce acne.
3. A paste of masoor dhal (red lentil) with coriander seeds and a pinch of turmeric will help reduce the marks left by the acne.

4. Extracts of Aloe Vera and neem leaves, rose water, orange peel, papaya are also very effective in case of acne and help maintain a healthy skin.
5. Leaves of Jamun, Banyan and Mango made into a paste and applied on the acne help relieve the pus and reduce inflammation.

- Miss M. Raja Lakshmi

CA Student

FORTHCOMING PROGRAMMES

- 17.06.2009 - Orientation Programme for CPT Students (3.00P.M to 5.00 P.M)
- 17.06.2009 - Study Circle Meeting (7.00 P.M to 9.00 P.M)
- 19.06.2009 - CA awareness programme at VVD School, Tuticorin (3.00 p.m to 4.00 p.m.)
 - Study Circle Meeting (7.00 P.M to 9.00 P.M)
- 01.07.2009 - CA Day - Flag hoisting by CA J.Thomas Fernando (8.00 A.M)
- 01.07.2009 - Blood Donation Camp (9.00 A.M)
- 04.07.2009 - Seminar on "Global Warming and Environmental Pollution" (9.00 AM to 1.00 PM)
- 04.07.2009 - CA Family Day Function (6.00 P.M to 9.00 P.M)
- 06.07.2009 - Union Budget - Live Telecast and CA awareness programme to College students (9.00 A.M)

B. Antony George M.A., M.Ed.,



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The institute / Branch dose not accept any responsibility for the views expressed in different contributions / Advertisements published in this Newsletter

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